Narrative essay topics

Your narrative essay needs to teach a lesson. It can be about things that have happened to you, to other people, and/or can be fictional. However it must sound like it is true to be the most effective.

Possible ideas for lessons: (you can choose something else- these are just ideas)

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Things you could write about	Possible lessons a person could learn
My most frightening experience.	Make every day count.
One thing I'm afraid to lose.	Don't procrastinate
My first day at a new school.	Things gather dust.
The time I lost my friend.	Fun is underrated.
The time I got a new friend.	Failure is good.
My first day at a new job.	Friendships need care.
My most disastrous day ever.	Prioritize experiences.
My happiest day ever.	Anger isn't worth it.
The most irritating things in my life.	Kindness matters.
. An experience that left me disillusioned.	Age is a number.
. How I overcame my fear	Vulnerability heals.
. The achievement I'm proud of.	Exercise is power.
. My most dangerous experience.	Grudges cause pain.
. The journey that has changed me.	Passion upgrades life.
. My act of heroism.	Travel expands you.
. My act of cowardice.	You aren't always right.
. A thing I would like to change in my past.	It will pass.
. The most successful day in my life.	. Change is good.
. The time I was wrong about the person.	You can't control others.
. My sudden act of a kindness.	Your body is a temple.
. What my younger sibling taught me.	Touch heals.
. The worst quarrel with my mother.	You can handle it.
. An experience I thought I would never have.	Gratitude multiplies happiness.
. The biggest risk I've ever taken.	Intuition counts.
. Why do I like being alone?	Take care of yourself.
. The hardest decision I've ever made.	Self-honesty is freedom.
. The hardest thing I've ever done.	Perfection is boring.
. What challenges have I overcome?	Serving creates meaning.
. Who inspires me and why.	Little things matter.
. People that have changed my life.	Learn forever.
. What music inspires me.	Worry is worthless.
. What music can change my mood?	Heal your wounds.
. What movies inspire me.	Simple is better.
. What role television plays in my life.	Do the work.
. What television shows have mattered to me?	It's never too late.
. What books teach me.	Action beats angst.
. What words or phrases I don't like to use.	Creation beats reaction.
. The greatest conversation of my life.	Release attachments.
	Words matter.