Match up zone rules-Based on the split line and who takes the first pass.

At beginning of defensive set

1. Point should pressure the ball handler coming up
2. Point takes the ball- match ups depend on what side ball is on when point takes the ball
3. Ball side post- outside the paint-low
4. Weakside post one foot in lane in deny position for post- calls hi post cut

General rules

1. When ball goes to side- post cuts to elbow-top covers hi post cut
2. If doubling- only do so if they cannot shoot (only off bad shooter)
3. Keep hands up high- helps deny easy pass and makes zone look bigger
4. Force ball to corner
5. Don’t allow middle penetration

First pass rules- if pass is above second peg- match ups based on what side of split line the point is on

1. First pass- above 2nd peg- point has first pass- force it to corner
2. Second guard has ball side elbow- hi post responsibility on high post cut- matches up with top guard
3. Middle person matches up with weak side post
4. Ball side post takes ball side post
5. Weakside post calls high post cut and has weakside split line- matches up with weakside wing

First pass rules- if pass is below second peg

1. If wing pass is below second peg ball side post takes pass-point drops to top of key
2. If they flash to high post weakside post calls high post cutter and point covers hi post-comes up to middle on bump denying cutter

4

5

3

X

1

3

4

5

X

X

X

2nd peg

Split line

X

2

1

X

X

X

X

Skip pass- Rule

1. skip pass- close out- taken by weakside post- kicked down by guard- all rest of zone moves to help/deny positions according to man to man principles



Ball in corner rule

1. Ball in corner- rule if beaten on corner- ball side post and middle trap ball- (or middle and weakside post trap ball) deny reversal pass- weakside top player drops down into help to stop cross over pass to weakside

Box out response

Ball shot at point

1. If ball is shot at point- box out blocks on both sides and the shooter

Ball shot at wing

1. If ball is shot at wing- box out shooter- middle blocks out ball side post- weakside post blocks out weakside post on offense- top defensive player not on the ball goes to block out at weakside post

Ball shot at corner

1. Shot corner
2. Middle Boxout ballside post- weakside top goes to weakside glass-