Narrative essay topics

Your narrative essay needs to teach a lesson. It can be about things that have happened to you, to other people, and/or can be fictional. However it must sound like it is true to be the most effective.

Possible ideas for lessons: (you can choose something else- these are just ideas)

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| Things you could write about | Possible lessons a person could learn |
| 1. My most frightening experience. 2. One thing I’m afraid to lose. 3. My first day at a new school. 4. The time I lost my friend. 5. The time I got a new friend. 6. My first day at a new job. 7. My most disastrous day ever. 8. My happiest day ever. 9. The most irritating things in my life. 10. An experience that left me disillusioned. 11. How I overcame my fear 12. The achievement I’m proud of. 13. My most dangerous experience. 14. The journey that has changed me. 15. My act of heroism. 16. My act of cowardice. 17. A thing I would like to change in my past. 18. The most successful day in my life. 19. The time I was wrong about the person. 20. My sudden act of a kindness. 21. What my younger sibling taught me. 22. The worst quarrel with my mother. 23. An experience I thought I would never have. 24. The biggest risk I’ve ever taken. 25. Why do I like being alone? 26. The hardest decision I’ve ever made. 27. The hardest thing I’ve ever done. 28. What challenges have I overcome? 29. Who inspires me and why. 30. People that have changed my life. 31. What music inspires me. 32. What music can change my mood? 33. What movies inspire me. 34. What role television plays in my life. 35. What television shows have mattered to me? 36. What books teach me. 37. What words or phrases I don’t like to use. 38. The greatest conversation of my life. | Make every day count.  Don’t procrastinate  Things gather dust.  Fun is underrated.  Failure is good.  Friendships need care.  Prioritize experiences.  Anger isn't worth it.  Kindness matters.  Age is a number.  Vulnerability heals.  Exercise is power.  Grudges cause pain.  Passion upgrades life.  Travel expands you.  You aren't always right.  It will pass.  . Change is good.  You can't control others.  Your body is a temple.  Touch heals.  You can handle it.  Gratitude multiplies happiness.  Intuition counts.  Take care of yourself.  Self-honesty is freedom.  Perfection is boring.  Serving creates meaning.  Little things matter.  Learn forever.  Worry is worthless.  Heal your wounds.  Simple is better.  Do the work.  It's never too late.  Action beats angst.  Creation beats reaction.  Release attachments.  Words matter. |